



UNIFORM PROGRAM SIZING CHARTS

#4352R Bulwark Flame Resistance EXCEL FR ComforTouch
High Visibility Lined Bomber Jacket

Alpha Size	XS	S	M	L	XL	XXL	3XL	4XL	5XL
Chest Max.	34	36	40	44	48	50	52	54	56

Work Shirts and Work Pants

	S	M	L	XL	2XL	3XL	4XL	5XL
Neck	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½	20-20½	20½-22
Chest	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
Waist	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58

Pants / Shorts

For Men's Styles please measure waist and inseam. Sizes are ordered numerically in inches.

	XS			S		M		L		XL		XXL		3XL		4XL	
Size	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Bust	32-33	33-34	34-35	35-36	36-37	37-38	38-39½	39½-41	41-42½	42½-44½	44½-46½	46½-48½	48½-50½	50½-52½	52½-54½	54½-56½	56½-58½
Waist	25-26	26-27	27-28	28-29	29-30	30-31	31-32½	32½-34	34-35½	35½-37½	37½-39½	39½-41½	41½-43½	43½-45½	45½-47½	47½-49½	49½-51½
Hip	34½-35½	35½-36½	36½-37½	37½-38½	38½-39½	39½-40½	40½-42	42-43½	43½-45	45-47	47-49	49-51	51-53	53-55	55-57	57-59	59-61

Polo's

MEN'S GARMENT SIZE	XS	S	M	L	XL	XXL	3X	4X	5X	6X
Neck/Collar Size	13.5" - 14"	14.5" - 15"	15.5" - 16"	16.5" - 17"	17.5" - 18"	18.5" - 19"	19.5" - 20"	20.5" - 21"	21.5" - 22"	
Chest	32" - 35"	35" - 39"	39" - 42"	42" - 46"	46" - 49"	49" - 52"	52" - 56"	56" - 60"	60" - 64"	64" - 68"
Waist	26" - 30"	30" - 32"	32" - 35"	35" - 38"	38" - 41"	41" - 44"	44" - 47"	47" - 50"	50" - 53"	
Sleeve Length (Regular)	32.5" - 33"	33" - 33.5"	34" - 34.5"	35" - 35.5"	36" - 36.5"	37" - 37.5"	38" - 38.5"	38.5" - 39"	39" - 39.5"	39.5" - 40"
Sleeve Length (Tall)				37" - 37.5"	38" - 38.5"	39" - 39.5"	40" - 40.5"	40.5" - 41"	41" - 41.5"	41.5" - 42"
LADIES' GARMENT SIZE	XS	S	M	L	XL	XXL	3X			
Equivalent Ladies' Sizes	2-4	6-8	10-12	14-16	18	20	22			
Chest	31" - 33"	33" - 36"	36" - 38"	38" - 42"	42" - 45"	45" - 49"	50" - 53"			
Waist	23" - 25"	25" - 28"	28" - 30"	30" - 32"	32" - 35"	35" - 38"	38" - 41"			
Hip	33" - 35"	35" - 38"	38" - 40"	40" - 42"	42" - 45"	45" - 48"	48" - 51"			
Sleeve Length	30" - 30.5"	30.5" - 31"	31.5" - 32"	32.5" - 33"	33.5" - 34"	34.5" - 35"	35" - 35.5"			

FR Parka / FR Bib Pants / FR Avenger Coverall

Coverall Sizing										
Size/Tag	34	36	38	40	42	44	46	48	50	52
Chest	30	32	34	36	38	40	42	44	46	48
Waist	22	24	26	28	30	32	34	36	38	40
Neck	12.5	13	13.5	14	14.5	15	15.5	16	16.5	17
Weight (lbs)	140	150	160	170	180	190	200	210	220	230
Size/Tag	54	56	58	60	62	64	66	68	70	
Chest	50	52	54	56	58	60	62	64	66	
Waist	42	44	46	48	50	52	54	56	58	
Neck	17.5	18	18.5	19	19.5	20	20.5	21	21.5	
Weight (lbs)	240	250	260	270	280	290	300	310	320	

Alpha-Numeric	
XS	32-34
S	36-38
M	40-42
L	44-46
XL	48-50
2XL	52-54
3XL	56-58
4XL	60-62
5XL	64-66

Outerwear Sizing - Parkas/Coveralls									
Size/Tag	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62	64-66
Waist	26-28	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60
Neck	13.5-14	14.5-15	15.5-16	16.5-17	17.5-18	18.5-19	19.5-20	20.5-21	21.5-22
Weight (lbs)	120-140	145-160	165-180	185-200	205-220	225-240	245-260	265-280	285-300

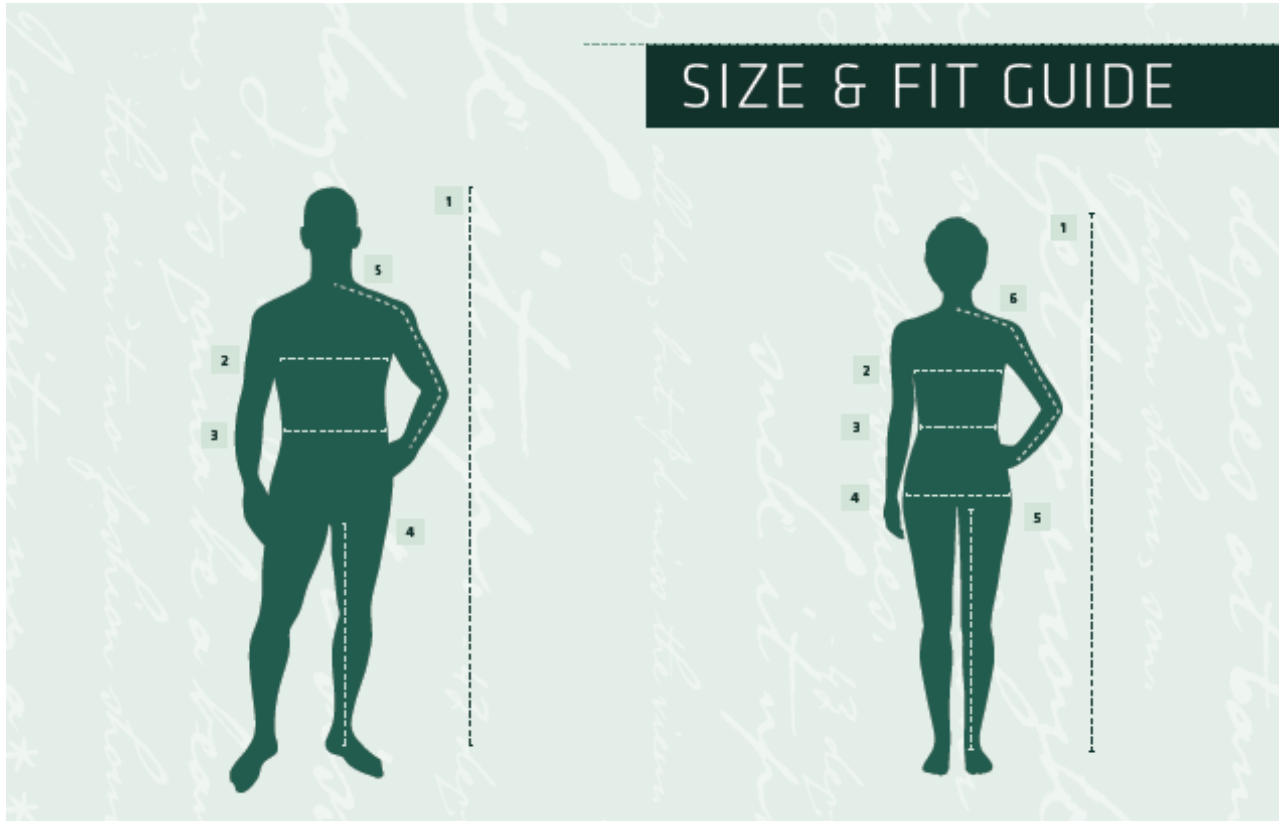
Outerwear Sizing - Bib Pants							
Size/Tag	S	M	L	XL	2XL	3XL	4XL
Chest	36-38	40-42	44-46	48-50	52-54	56-58	60-62
Waist	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Weight (lbs)	145-160	165-180	185-200	205-220	225-240	245-260	265-280

(R) Regular (5'6" to 5'11") (T) Tall (5'11" to 6'3")

***Tall Sizes-Longer than Regular by 2" in the arms, legs and 1 1/2" in the body of the garment.

Please remember that this sizing guide is just a guide and that every persons body shape varies, so fit may vary from person to person.

HOW TO MEASURE



MEN

- 1 HEIGHT**
Measure your height from the top of your head to the bottom of your feet (without any shoes on).
- 2 CHEST**
Measure around the fullest part of your chest, just under your arms.
- 3 WAIST**
Wrap tape around your natural waistline, or where you actually wear your pants.
- 4 INSEAM**
Best taken from an existing pair of pants you like. Measure along inseam from the crotch seam to the hem.
- 5 SLEEVE LENGTH**
With elbow bent, measure from the centre of the back of your neck around your elbow and to your wrist.

WOMEN

- 1 HEIGHT**
Measure your height from the top of your head to the bottom of your feet (without any shoes on).
- 2 CHEST**
Measure around the fullest part of your chest, just under your arms.
- 3 WAIST**
Wrap tape around your natural waistline, or where you actually wear your pants.
- 4 HIP**
Stand with heels together and measure around the fullest part of your hips.
- 5 INSEAM**
Best taken from an existing pair of pants you like. Measure along inseam from the crotch seam to the hem.
- 6 SLEEVE LENGTH**
With elbow bent, measure from the centre of the back of your neck around your elbow and to your wrist.