



FR PROGRAM SIZING CHARTS

Parka, Bomber / Insulated Bib (Overalls)

MFC-17 — MEN'S PARKAS

Alpha Size	XS	S	M	L	XL	XXL	3XL	4XL	5XL
Chest Max.	34	36	40	44	48	50	52	54	56

NOTE: If waist size is larger than chest size, use waist measurement as size.

MFC-15 — MEN'S LINED COVERALLS & OVERALLS

Alpha Size	XS		S		M		L		XL		XXL		3XL		4XL		5XL	
Numeric Size	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Chest Size	28½-30	30½-32	32½-34	34½-36	36½-38	38½-40	40½-42	42½-44	44½-46	46½-48	48½-50	50½-52	52½-54	54½-56	56½-58	58½-60	60½-62	62½-64
Waist Max.	28½	30½	32½	34½	36½	38½	40½	42½	44½	46½	48½	50½	52½	54½	56½	58½	60½	62½

Short: 5'3" - 5'7" Regular: 5'7" - 5'11" Long: 5'11" - 6'3" XLong: 6'3" - 6'5"

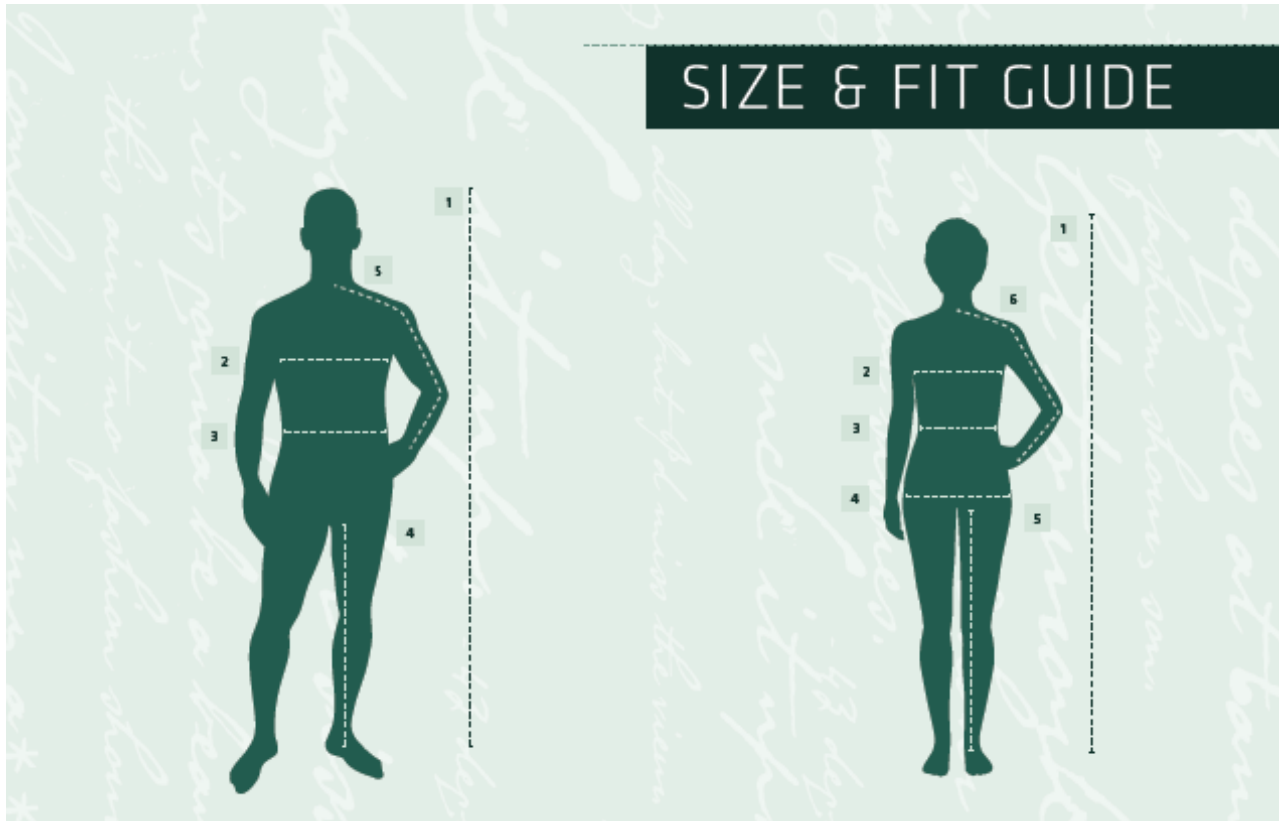
Bulwark Coverall

Alpha Size	XS		S		M		L	
Numeric Size	30	32	34	36	38	40	42	44
Chest Size	28½-30	30½-32	32½-34	34½-36	36½-38	38½-40	40½-42	42½-44
Waist Max.	30½	32½	34½	36½	38½	40½	42½	44½

Short: 5'3" - 5'7" Regular: 5'7" - 5'11" Long: 5'11" - 6'3" XLong: 6'3" - 6'5"

XL		XXL		3XL		4XL		5XL	
46	48	50	52	54	56	58	60	62	64
44½-46	46½-48	48½-50	50½-52	52½-54	54½-56	56½-58	58½-60	60½-62	62½-64
46½	48½	50½	52½	54½	56½	58½	60½	62½	64½

HOW TO MEASURE



SIZE & FIT GUIDE

MEN

- 1 HEIGHT**
Measure your height from the top of your head to the bottom of your feet (without any shoes on).
- 2 CHEST**
Measure around the fullest part of your chest, just under your arms.
- 3 WAIST**
Wrap tape around your natural waistline, or where you actually wear your pants.
- 4 INSEAM**
Best taken from an existing pair of pants you like. Measure along inseam from the crotch seam to the hem.
- 5 SLEEVE LENGTH**
With elbow bent, measure from the centre of the back of your neck around your elbow and to your wrist.

WOMEN

- 1 HEIGHT**
Measure your height from the top of your head to the bottom of your feet (without any shoes on).
- 2 CHEST**
Measure around the fullest part of your chest, just under your arms.
- 3 WAIST**
Wrap tape around your natural waistline, or where you actually wear your pants.
- 4 HIP**
Stand with heels together and measure around the fullest part of your hips.
- 5 INSEAM**
Best taken from an existing pair of pants you like. Measure along inseam from the crotch seam to the hem.
- 6 SLEEVE LENGTH**
With elbow bent, measure from the centre of the back of your neck around your elbow and to your wrist.