



1. **Chest/Bust** – Measure total circumference of your chest at the fullest part , just under armpit.
2. **Waist** – Measure total circumference at the narrowest point around waistline.
3. **Hip** – Measure total circumference at the widest part of your body below the waistline.
4. **Sleeve Length** – With your elbow slightly bent, measure from the base of the neck, across your shoulder, to elbow and finish at wrist bone.

WOMEN'S BODY MEASUREMENTS

SIZE		XS	S	M	L	XL	2XL	3XL
CHEST	Imperial	31.5-33.5	33.5-35.5	35.5-38	38-41	41-44.5	44.5-48.5	48.5-52.5
	Metric	80-85	85-90	90-96.5	96.5-104	104-113	113-123	123-133.5
WAIST	Imperial	24.5-26.5	26.5-28.5	28.5-31	31-34	34-37.5	37.5-41.5	41.5-45.5
	Metric	62.5-67.5	67.5-72.5	72.5-79	79-86.5	86.5-95.5	95.5-105.5	105.5-115.5
HIPS	Imperial	34-36	36-38	38-40.5	40.5-43.5	43.5-47	47-51	51-55
	Metric	86.5-91.5	91.5-96.5	96.5-103	103-110.5	110.5-119.5	119.5-129.5	129.5-140
SLEEVE LENGTH	Imperial	30-30.5	31-31.5	32-32.5	33-33.5	33.5-34	34-34.5	34-34.5
	Metric	76.5-77.5	79-80	81.5-82.5	84-85	85-86.5	86.5-87.5	86.5-87.5
INSEAM	Imperial	30	31	32	32	32	32	32
	Metric	76	79	81	81	81	81	81