

LADIES' GARMENT SIZE	XS	S	M	L	XL	2XL	3XL	4XL
Numeric Sizing (USA/Canada)	2	4-6	8-10	12-14	16-18	20	22	24
Numeric Sizing (European)	32	34-36	38-40	42-44	46-48	50	52	54
Ladies' Fitted (Size)		0-2	2-4	4-6	8-10	12		
Ladies' Relaxed (Size)	0-2	2-4	4-6	8-10	12-14	14-16	18-20	
Ladies' Relaxed (Size)	0-2	2-4	4-6	8-10	12-14	14-16	18-20	
Ladies' Oversize Fit (Size)	2-6	4-8	6-10	8-12	12-16	18-20	20-24	

How to Measure

CHEST: Measure just under the arms, across fullest part of chest, around shoulder blades holding tape firm and level.

WAIST: Measure your natural waistline, keeping one finger between the tape and the waist.

HIP: Stand and measure around the fullest point of hips.

SLEEVE LENGTH: With arm relaxed at side and slightly bent, measure from centre back neck, over the shoulder, down to the outer wrist.

INSEAM: Stand and measure from centre crotch to bottom of ankle bone. (Please refer to specific style for garment inseam length.)

UNISEX: Men's medium is similar to ladies' large. Sleeve length will be about 1-1½" longer. Body of garment is not form fitting. Unisex medium is equivalent to men's medium through chest and sleeve length.

