

MEN'S GARMENT SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Numeric Sizing (USA/Canada)	34	38	40	42	44	46	48	50	52	54
Numeric Sizing (European)	44	48	50	52	54	56	58	60	62	64
Men's/Unisex (Chest)	33"-35"	35"-38"	38"-41"	43"-44"	45"-48"	48"-52"	53.5"-56"	60"		

## How to Measure

**CHEST:** Measure just under the arms, across fullest part of chest, around shoulder blades holding tape firm and level.

**WAIST:** Measure your natural waistline, keeping one finger between the tape and the waist.

**HIP:** Stand and measure around the fullest point of hips.

**SLEEVE LENGTH:** With arm relaxed at side and slightly bent, measure from centre back neck, over the shoulder, down to the outer wrist.

**INSEAM:** Stand and measure from centre crotch to bottom of ankle bone. (Please refer to specific style for garment inseam length.)

**UNISEX:** Unisex medium is equivalent to men's medium through chest and sleeve length. Sleeve length will be about 1-1½" longer. Body of garment is not form fitting. Men's medium is similar to ladies' large.

### TALL SIZES:

Men's garments have added length in the body and sleeves. Short-sleeves are 1" longer, long-sleeves and body length are 2" longer.

