

Ladies' Size Scale M & N

Pants, Shorts & Skirts

Size	00	0	2	4	6	8	10	12	14	16	18	18W	20W	22W	24W	26W	28W
Waist	24	25	26	27	28	29	30	31½	33	34½	36½	41	43	45	47	49	51
Hips	32	34	36	37	38	39	40	41½	43	44½	46½	49	51	53	55	57	59

HOW TO MEASURE

Our garments are cut to accommodate active working conditions. Here's how to get the correct size and ensure a comfortable fit.



LADIES

Be sure to measure your body. Do not measure over shirts or slacks. Hold tape measure close but not tight against the body.

BUST

Measure across fullest part of bust/chest keeping arms relaxed at sides. Keep tape measure straight and parallel to the floor.

WAIST

Measure at your natural waistline at its smallest part.

LOW HIP

Measure the widest point of your hip, approximately 8" below your natural waist.

HIGH HIP

Measure the protruding points of your hip bones, approximately 3" below your natural waist.