

## Men's Size Scale C

### Alpha Shirts

Long or Short Sleeve	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
Neck Size	12–12½	13–13½	14–14½	15–15½	16–16½	17–17½	18–18½	19–19½	20–20½	21–21½	22–22½	23–23½	24–24½
Sleeve Length   30–31	▪	▪	▪	▪									
Sleeve Length   32–33	▪	▪	▪	▪	▪	▪							
Sleeve Length   34–35				▪	▪	▪	▪	▪	•T	•T	•T	•T	•T
Sleeve Length   36–37 Tall						•T	•T	•T	•T	•T	•T	•T	•T
Short Sleeve   Regular		▪	▪	▪	▪	▪	▪	▪					
Short Sleeve   Tall						•T	•T	•T	•T	•T	•T	•T	•T

*T=Talls; Talls have 2" longer body.*

# HOW TO MEASURE

Our garments are cut to accommodate active working conditions. Here's how to get the correct size and ensure a comfortable fit.



## MEN

For men, as a general rule, the number of inches measured will equal your size, when measured correctly. Be sure to measure your body. Do not measure over shirts or slacks.

### NECK

Measure around base of neck (lowest part). Number of inches equals neck size.

### SLEEVE LENGTH

Start from the center of the back of neck and measure across the shoulder to the elbow and down the wrist.

### CHEST

With arms at sides, measure across fullest part of the chest, under arms and across shoulder blades. Keep tape measure straight across back.

### WAIST

Measure your natural waist at the height you normally wear your pants. Keep the tape measure firm but not tight.

### INSEAM

Measure the inside of your leg from crotch down to the top of the shoe. Or, measure a similar style of pants that fit well. Measure from the crotch seam to the hem.

### LOW HIP

Measure the widest point of your hip, approximately 8" below your natural waist.