

Men's Body Measurements for Shirts, Pants* & Shorts																				
Alpha Sizing	XS		S		м		L		XL		2XL		3XL		4XL		5XL		6XL	
Neck Size	13	13½	14	14½	15	15½	16	16½	17	17½	18	18½	19	19½	20	201⁄2	21	211/2	22	221/2
Chest	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68
Waist	24	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Hips	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68

\*ALL BOTTOMS HAVE A FULL LEG OPENING FOR WEAR OVER BOOTS



**NECK:** Measure around the base of the neck. Number of inches equals neck size.

**CHEST:** For chest, measure just under arms and across shoulder blades, holding tape parallel to the floor. For bust, measure at the fullest part of the bust.

**SLEEVE:** Put your hand on your hip and bend your elbow 90 degrees. Hold the tape at the center of the back of your neck. Measure from your neck, across your shoulder to your elbow, and down to your wrist. Total length is your sleeve length.

**WAIST:** Measure at the natural waistline or where you expect the pants' waistband to fall.

**HIPS:** Stand with your heels together and measure around the fullest part of your hips, keeping the tape parallel to the floor.

**INSEAM:** Measure pants that fit well overall, especially in length. Lay the pants flat and measure from crotch seam to bottom of leg hem. (Note: Add ½ " to 100% cotton pants to allow for shrinkage.)