

# **Molten Metal Shirts & Food processing Shirts**

#### Find your chest size

Measure around the fullest part of your chest, just under your arms.

### Measure your sleeve length

With elbow bent, measure from the center of the back of your neck around your elbow and to your wrist.

#### **Neck size**

Measure around the base of your neck where a collared shirt would fit you, or measure a collar band on a shirt that fits you well. Measure from the beginning of the button hole to the center of the button.

SIZE	S		M		L		XL		2XL		3XL		4XL		5XL	
CHEST	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
NECK	15	15 ½	16	16 ½	17	17 ½	18	18 ½	19	19½	20	20½	21	21½	22	221/2
SLEEVE REGULAR	33		34		35		36		37		38		39		40	
SLEEVE TALL	34 ½		35 ½		36 ½		37 ½		38 ½		39 ½		40 1/2		41 ½	



## Differences between Regular & Tall Sizing

- Tall sizes are 2" longer than Regular sizes in body length.
- Tall sizes are 1" longer than Regular sizes in sleeve length.
- If your size is not available in Regular, we suggest going down a size in TALL as a complimentary size. Equally if your size is not available in TALL, we would suggest going up a size in Regular. The extra length in Tall can in some cases accommodate a Regular size up, and the extra fabric in a Regular size up, can sometimes accommodate a taller silhouette.