

## Find your waist size.

Our pants are true to size. Sizing varies by brands. The best way to get the most accurate size is to measure a pair of pants that fit you well. Measure your pant's waistband laying flat from right to left, and multply that number by 2, that will give you your waist size. For example, if your pant's waist size measures 14 inches from right to left, your pant size is 28". Do not measure around your waist, but measure a pair of your pant's laying flat right to left to get best fit.

## Measure your inseam.

The inseam is from the interior leg hem (bottom) to the interior crotch. Pro Tip: Use a pair of pants that fit you well. Measure them laying flat, along the inside seam from the bottom of the hem to the interior crotch.